

## SFDA SAFETY SIGNAL

*“A signal is defined by the SFDA as reported information on a possible causal relationship between an adverse event and a drug, the relationship being unknown or incompletely documented previously. Usually more than a single report is required to generate a signal, depending upon the seriousness of the event and the quality of the information. A signal is a hypothesis together with data and arguments and it is important to note that a signal is not only uncertain but also preliminary in nature”*

26-10-2021

### Saudi Food and Drug Authority (SFDA) – Safety Signal of Thioguanine and the Risk of Rash

*The Saudi Food and Drug Authority (SFDA) recommends all health care professionals to be aware of the safety signal of **Rash** associated with the use of **Thioguanine**. The signal has been originated as a result of routine pharmacovigilance monitoring activities.*

#### Introduction

Thioguanine is a purine analog of guanine used to treat acute non-lymphocytic leukemia <sup>[1]</sup>. It belongs to the group of medicines known as antimetabolites <sup>[1]</sup>. The drug interferes with the growth of cancer cells by blocking the synthesis and metabolism of purine nucleotides <sup>[2]</sup>. Rash is an area of irritated or swollen skin frequently accompanied by itchy and painful sensation <sup>[3]</sup>. The aim of this review is to evaluate the risk of Rash associated with the use of Thioguanine and suggest regulatory recommendations if required.

#### Methodology

Signal Detection team at the National Pharmacovigilance Center (NPC) of Saudi Food and Drug Authority (SFDA) performed a comprehensive signal review using its national database as well as the World Health Organization (WHO) database (VigiBase), to retrieve related information for assessing the causality between Thioguanine and the risk of Rash <sup>[4]</sup>. We used the WHO- Uppsala Monitoring Centre (UMC) criteria as standard for assessing the causality of the reported cases <sup>[5]</sup>.

#### Results

**Case Review:** The number of resulted cases for the combined drug/adverse drug reaction are 32 global Individual case safety reports (ICSRs) as of February 2021 <sup>[4]</sup>. The reviewers have selected and assessed the causality for top quality reported cases (19 ICSRs). Out of 19 assessed ICSRs, 11 reports provided supportive association with 7 positive dechallenges <sup>[5]</sup>.

**Data Mining:** The disproportionality of the observed and the expected reporting rate for drug/adverse drug reaction pair is estimated using information component (IC), a tool developed by WHO-UMC to

measure the reporting ratio. Positive IC reflects higher statistical association while negative values indicates less statistical association, considering the null value equal to zero. The results of (IC= -1.7) revealed a negative statistical association for the drug/ADR combination, meaning “Rash” with the use of “Thioguanine” has been observed less than expected compared to other medications available in WHO database [4].

### **Literature**

In a retrospective study aimed to evaluate efficacy, safety and drug survival for thioguanine as maintenance treatment for inflammatory bowel disease included 193 patients mentioned that, mild rash was observed in 9 patients (5%) [6].

### **Conclusion**

The weighted cumulative evidence identified from the reported cases and literature are sufficient to support a causal association between Thioguanine and the risk of Rash. Health regulators and health care professionals must be aware of this potential risk and it is advisable to monitor any signs or symptoms in treated patients.

### **Report Adverse Drug Events (ADRs) to the SFDA**

The SFDA urges both healthcare professionals and patients to continue reporting adverse drug reactions (ADRs) resulted from using any medications to the SFDA either online, by regular mail or by fax, using the following contact information:

National Pharmacovigilance Center (NPC)  
Saudi Food and Drug Authority-Drug sector  
4904 northern ring branch rd  
Hittin District  
Riyadh 13513 – 7148  
Kingdom of Saudi Arabia  
Toll free number: 19999  
Email: [NPC.Drug@sfd.gov.sa](mailto:NPC.Drug@sfd.gov.sa)

### **References:**

1. Saudi Summary of Product Characteristics (SPC) of Tioguanine (Lanvis) ®. [Accessed 3/21/2021]
2. Lexicomp Online, Hudson, Ohio: UpToDate, Inc.; 2021; Jan 27<sup>th</sup>
3. Medline plus, Rashes, Available at: <https://medlineplus.gov/rashes.html>
4. Uppsala Monitoring Center (UMC) (2021), Vigilyze database; Available at: <https://vigilyze.who-umc.org> [Accessed 1/10/2021].
5. Uppsala Monitoring Center (UMC) (2021), The use of the WHO-UMC system for standardized case causality assessment; Available at [https://www.who.int/medicines/areas/quality\\_safety/safety\\_efficacy/WHOcausality\\_assessment.pdf?ua=1](https://www.who.int/medicines/areas/quality_safety/safety_efficacy/WHOcausality_assessment.pdf?ua=1)
6. Bayoumy, A. B., van Liere, E. L., Simsek, M., Warner, B., Loganayagam, A., Sanderson, J. D., ... & Ansari, A. (2020). Efficacy, safety and drug survival of thioguanine as maintenance treatment for inflammatory bowel disease: a retrospective multi-centre study in the United Kingdom. *BMC gastroenterology*, 20(1), 1-11.