MSpharma

PATIENT REMINDER CARD FOR
RUATINE® (ISOTRETINOIN)

You have been given this card because you have been prescribed Ruatine® (Isotretinoin).
Please read this card and the package information leaflet thoroughly before starting your treatment with Ruatine® (Isotretinoin).

Reminder for Men and Women
- Do not share this medication with anybody and return any unused capsules back to the pharmacy.
- You should not donate blood during treatment with this medicine and for one month after stopping.

Important information to know
- Isotretinoin must not be taken during pregnancy. Isotretinoin can seriously harm an unborn baby if a pregnant woman takes it.
- If you become pregnant or think you might be pregnant, stop taking Isotretinoin immediately and contact your doctor.
- If you have any questions or concerns about taking Isotretinoin, talk to your doctor or pharmacist.

What you must do:
- You must use effective contraception before, during and for 1 month after stopping treatment with Isotretinoin.
- You must not become pregnant while taking Isotretinoin, or for 1 month after stopping treatment.
- You must attend regular follow-up visits and have regular pregnancy testing, ideally every month.

Call for reporting
Pregnancies occurring during treatment and within 1 month following discontinuation of treatment should be reported.

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References:
1. Ruatine® Leaflet
2. Patient Reminder Card for Isotretinoin [Internet]. Medicines.org.uk. [cited 9 April 2020]. Available from: https://www.medicines.org.uk/emc/rmm/1443/Document