

# Adult

Patient Reminder Card

**ABRILADA**® adalimumab (40 mg/0.8ml solution for injection in pre-filled syringe & pre-filled syringe)

Information for you and healthcare professionals involved in your medical care or treatment.

Not all possible side effects are listed on this card. Please read the Abrilada package leaflet or talk with your doctor for more information about side effects.

**If you have any questions, speak to your child healthcare giver about your treatment**

**This card contains select important safety information that you need to know before and during treatment with Abrilada**

- Keep this card with you at all times and for 70 days after your last injection of Abrilada.
- Show this card to any doctor or healthcare professional that you see.
- Record information about any tuberculosis tests or treatment you have had on the back of this card.

## Introduction

Abrilada is a medicine that is intended to treat Rheumatoid Arthritis, Juvenile idiopathic arthritis, Axial spondyloarthritis, Psoriatic arthritis, Psoriasis, Paediatric plaque psoriasis, Hidradenitis suppurativa, Adult & Pediatric Crohn's Disease, Adult & Pediatric Ulcerative colitis, Adult and pediatric uveitis. that affect a part of the immune system. While Abrilada can be effective in treating these diseases, some people can have one or more side effects. It is important to talk to your doctor about the possible benefits and possible side effects of taking Abrilada. These can be different for each person.

- The purpose of this card is to tell you about some of the possible side effects of Abrilada
- Some of the serious side effects that could occur include infections, cancer, and nervous system problems
- These are not all of the possible side effects of Abrilada.

## Before Abrilada Treatment

Tell your doctor about any health problems you have and any medicines you take. This will help you and your doctor decide if Abrilada is right for you.

**Tell your doctor if you:**

- Have an infection or have symptoms of an infection (such as fever, feeling tired).
- Have tuberculosis or have been in close contact with someone with tuberculosis.
- Have or have had cancer.
- Have any numbness or tingling or have a problem that affects your nervous system, such as multiple sclerosis

Your doctor should check you for signs and symptoms of tuberculosis before starting Abrilada. You may need to be treated for tuberculosis before you start Abrilada.

## Vaccinations

- You may receive vaccinations except for live vaccines.
- If you receive Abrilada while you are pregnant, it is important that you inform your baby's doctor before your baby receives any vaccine. Your baby should not receive a 'live vaccine', such as BCG (used to prevent tuberculosis) within 5 months following your last Abrilada injection during pregnancy.

## During Abrilada Treatment

To make sure that Abrilada is working properly and safely for you, you should check in with your doctor regularly to discuss how you are doing. Tell your doctor right away about any changes in your condition.

Keep your doctor informed about how Abrilada is working for you

- It is important to call your doctor right away about any unusual symptoms you may have. This will help make sure you get the right care. It will also lower the chance of a side effect becoming worse.
- Many side effects, including infections, can be managed if you tell your doctor right away
- If you get a side effect, your doctor will decide if you should continue or stop your Abrilada treatment. It is important to talk with your doctor to find out what is right for you
- Since side effects can happen after your last dose of Abrilada tell your doctor about any problems that you may have after your last injection of Abrilada

Tell your doctor about:

- Any new medical conditions that you have
- New medicines you are taking
- Any surgery or operation that you have planned

**Some people taking Abrilada may get serious side effects, including:**

**Infections**

• Abrilada helps people with certain inflammatory diseases. It does this by blocking a part of the immune system. However, this part of the immune system also helps fight infection. This means Abrilada can make you more likely to get infections or make any infection that you may have worse. This includes infections such as colds or more serious infections like tuberculosis

**Cancer**

• If you take Abrilada, the risk of getting certain types of cancer may increase

**Nervous system problems**

• Some people have developed new or worsening nervous system problems with Abrilada. This includes multiple sclerosis

Please read the Abrilada package leaflet for more information. These are not all of the possible side effects that may occur during treatment with Abrilada.

**Call your doctor or get medical care right away if you have any of the following symptoms of these possible serious side effects:**

**Infections**

• Fever, chills, unusual sweating, feeling unwell or more tired than normal, feeling or being sick (such as vomiting) diarrhoea, stomach pain, loss of appetite or weight loss, cough or coughing up blood or mucus, shortness of breath, problems urinating, skin sores, muscle aches

**Nervous system problems**

• Numbness or tingling, vision changes, muscle weakness

Tell your doctor about any unusual symptoms that you may have during treatment with Abrilada. These are not all of the possible symptoms of these side effects.

**Information for you and healthcare professionals involved in your medical care or treatment.**

**Tuberculosis (TB) Tests and Treatment Mark this box if you have ever been tested for TB:**

**YES** (Check with your doctor if you do not know)

**Mark this box if you have ever had any test that was positive for TB:**

**YES** (Check with your doctor if you do not know)

**Mark this box if you have ever taken any pills to treat or prevent TB:**

**YES** (Check with your doctor if you do not know)

Please read the Abrilada package leaflet for more information. If you have any other questions, talk to your doctor or another healthcare professional.

**Your name:** \_\_\_\_\_

**Doctor's name (who prescribed Abrilada):** \_\_\_\_\_

**Doctor's phone number:** \_\_\_\_\_

**Indication:** \_\_\_\_\_

**Date of your first Abrilada injection:** \_\_\_\_\_

**Dose of your Abrilada injection:** \_\_\_\_\_

**Date of your last Abrilada injection (if no longer taking Abrilada):** \_\_\_\_\_

Please fill out information for you and healthcare professionals involved in your medical care or treatment

**To report side effects:**

SFDA National Pharmacovigilance Center (NPC):

SFDA call center: 19999

E-mail: npc.drug@sfd.gov.sa

Website: <https://ade.sfd.gov.sa>

Pharmacovigilance Department in the company

• E-mail: SAU.AEReporting@pfizer.com



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For extra copies of patient reminder card, please send an email with your contact details and the required amount to SAU.AEReporting@Pfizer.com